



2010 Youth Lacrosse Program

Pre-Season Schedule for all registered U13 and U15 boys and girls
(U11 players will not begin until April 24 as fields clear of snow and dry)

Players, Parents, Coaches Night, Tuesday, February 23, 7:00pm - OCIC

- U13 and U15 Boys and Girls, Parents, Coaches
- Registration and Code of Conduct forms due
- Program goals and Expectations Handout
- Equipment sale by Stateline Sports
- Special guest and talk on lacrosse and Native American influences by

Sid Jamieson

Men's Varsity Lacrosse Coach, Bucknell University, 1967-2005

Indoor Workouts at the OCIC:

**Tuesday and Thursdays,
March 23, 25, 30, April 1**

3:30 – 4:15pm Boys 5th Graders
4:15 – 5:00pm Boys 6th Graders
5:00 – 5:45pm Boys 7th Graders
5:45 – 6:30pm Boys 8th Graders

**Monday and Wednesdays,
March 22, 24, 29, 31**

3:30 – 4:15pm Girls 5th Graders
4:15 – 5:00pm Girls 6th Graders
5:00 – 5:45pm Girls 7th Graders
5:45 – 6:30pm Girls 8th Graders

Regular Season

Early April through June 13

Field practices and games will begin once our fields are snow free and dry. Teams will each practice two days per week in addition to the team's game schedule.

All players must be registered by submitting a completed Program & Activity Registration form and paying all fees, and acknowledging that the Code of Conduct form was read and signed by player and parents, prior to participating.